



# ITHEMBA NEWSLETTER

APRIL 2023



Dear sponsors and friends,

The Easter holiday is over, we are ready for the second half of Term 1. But first this newsletter with information about what we worked on the past months. Enjoy!

Many greetings,  
iThemba

# VOLUNTEERS AND INTERNS

Since February we are in the good company of interns: three interns Kindergarten of Thomas More University and two interns Applied Psychology of HoWest University.

The intern-teachers teach their own class every day. The children who attend their class change daily or weekly. They work on different themes, in consultation with the teacher. The children learned a lot already about different animals, shapes, colours and so much more!

The interns Applied Psychology work in different areas. They work individually with some students who need more guidance. They give counselling, work on concentration problems, how to deal with problems at home, etc.

Next to that they also work with a group of students from secondary schools about their future vision: what do I like to do, what are my talents, what would I like to do after school, etc. This can help the students in building their future vision and can motivate them to work hard for this and study hard. The students like it a lot and it's also very interesting for us.

Next to the interns we have one more volunteer who started right before the Easter holiday. She will work in different areas in the school and for iThemba.





# UNIFORMS

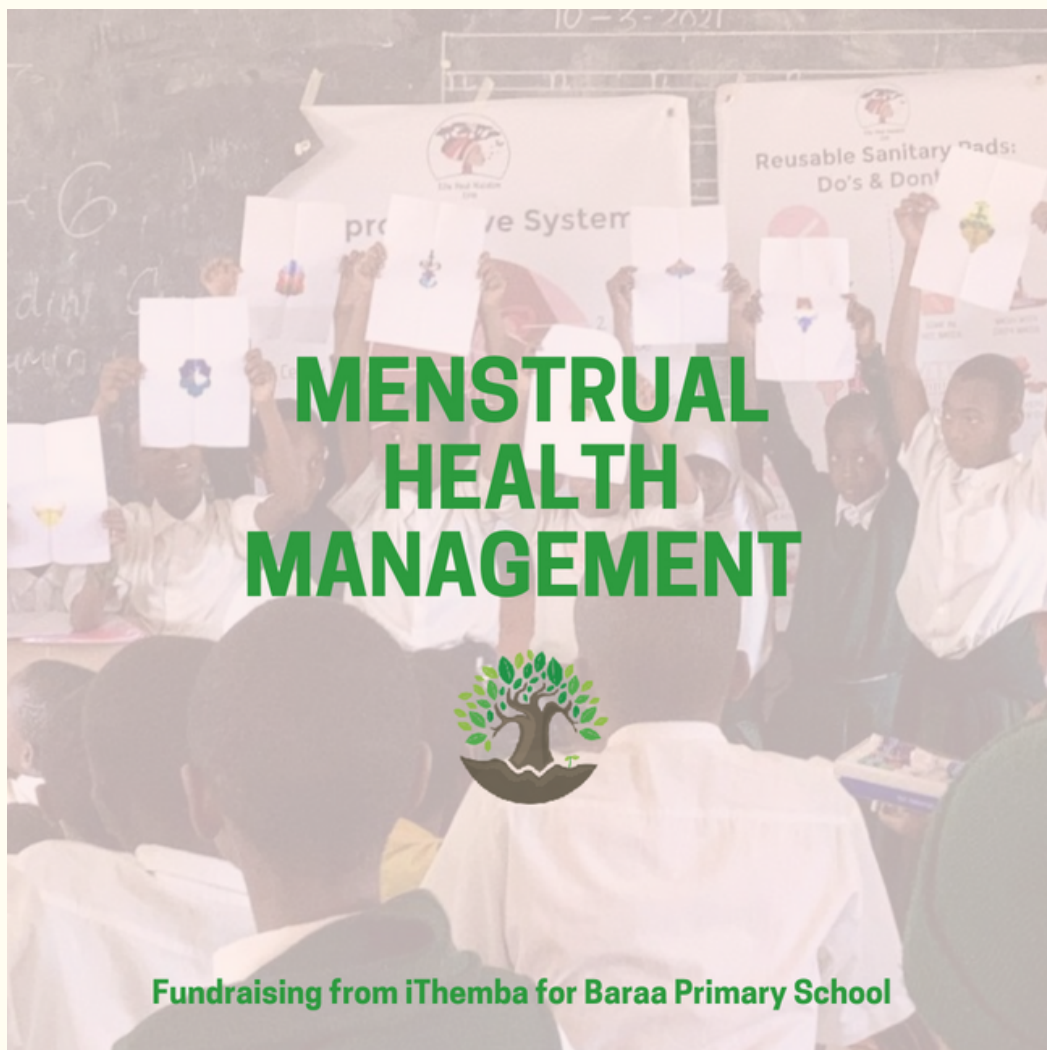
This January and March every student in primary school and an amount of students in secondary school has received a new uniform again. It was a big happening: first to measure all children, over 80 students divided in two groups. Then it was up to the tailor to finish the biggest task: making all the uniforms! After a few weeks the clothes were ready to be picked and tried on. The result was beautiful, so many proud students in their brand new clothes.





# MENSTRUATION PROJECT

As you might have seen on social media we've started the menstruation project again. We collected enough with the fundraising, so we are sure it can happen again this year! The sanitary pads have arrived, so we are almost ready. More news in the next newsletter or on our social media!



Fundraising from iThemba for Baraa Primary School

## HIGHER EDUCATION

The beginning of the school year means a lot of things to arrange and sort out. Not only at Baraa Primary, but also for our older students. Students who are already in higher education need new registrations for their 2nd or 3rd year, students who finished Form 4 will be guided to higher education: what do they want to study, what are the possibilities, is there a sponsor to help finance everything, etc. Together with the students we've been busy sorting this all out and collect enough information. Slowly we are getting a better view at a concrete plan for some students.

Aruni is the perfect example to show the impact of a sponsorship. He started his second year Electricity at a college in Moshi. We are so proud of him, and of course we are very grateful to his sponsor!

Are you interested in sponsoring a student in higher education? Don't hesitate to send an email to [marthe@ithemba.be](mailto:marthe@ithemba.be) for more information!





iThemba is still registered on Goodgift. For those who are already shopping for Mother's Day or Father's Day, it might be a good opportunity to offer a gift card as a present. The receiver can choose to which organisation she or he gives the donation. The perfect solution if you don't know what kind of gift to buy!

You can take a look at <https://www.goodgift.be/ithemba/> for more information.



Next to Goodgift, we are also registered on Trooper. From now on you can do your online shopping and earn money for iThemba at the same time!

How does it work?

- Go to our page on Trooper: [www.trooper.be/ithemba](http://www.trooper.be/ithemba)
- Choose the shop you want to buy from
- You can just do your shopping as always from this link
- The shop pays a percentage to iThemba, you as a buyer don't pay anything extra

It's as easy as that! You can spread the word with your friends and family, especially those who do a lot of online shopping :)



We are always looking for extra sponsors!  
Do you know people who might be interested in the  
sponsorship program? Neighbours, friends, family?

Contact us via Facebook, Instagram or email to  
[marthe@ithemba.be](mailto:marthe@ithemba.be)

Thank you for your support!

